

# Eagleville Insights

August 2018

This monthly newsletter is designed to provide alumni and community partners with up-to-date information on Eagleville Hospital programs, staff, and upcoming events. Should you have questions or thoughts about anything you read, simply reply to this email.

## (Re)Introducing Eagleville Hospital



During my travels in the community, I often receive questions about Eagleville Hospital's mission, what services we offer, and whom we treat. That's why we have created Eagleville Insights—a newsletter to keep you up-to-date on the many positive things happening at our facility.

A secondary goal of this publication is to provide you with valuable information you can use in your daily lives. In each issue, we'll include one article that focuses on ways for you to discuss, identify, manage or comprehend substance abuse. This touches all of us in our community and the best way for us to overcome it is through understanding behavioral health disorders.

For the last 50 years, we have been a pioneer in substance use disorder and mental health treatment. I am proud of the important work we do here, and I am eager to share our successes with you. I hope that this and future issues of Eagleville Insights give you a better appreciation of Eagleville Hospital and the value that we intend to bring each day to our community.

Maureen Pollock  
Chief Executive Officer, Eagleville Hospital

## Eagleville Hospital 101: What we do, who we help

At Eagleville, our clients receive tailored treatment that maximizes their chances for recovery. This is made possible by our experienced physicians, nurses, psychiatrists, therapists, social workers and counselors who are committed to helping clients break the cycle of addiction and manage mental illness.

Eagleville Hospital is a 305-bed independent, non-profit hospital located on a 40-acre campus in Montgomery County. We provide treatment for adults (age 18 and over) with substance use disorders and co-occurring mental health issues.

Our programs include:

- **Residential-Level Detoxification:** For people who need detoxification but who

don't have major medical or psychiatric issues. This is often the first step for patients with substance use disorder.

- **Hospital-Level Medical Detoxification:** For people who need detoxification and may have a history of medical conditions. This program offers medical supervision and 24/7 nursing attention.
- **Hospital-Level Rehabilitation:** This short-stay, hospital-level rehabilitation program is for people who need addiction counseling, physician oversight, and 24-hour nursing. Clients in this program may have a chronic medical condition (ex: diabetes, chronic pain) and also need psychiatric evaluation and management of psychotropic medications.
- **Residential Rehabilitation for Co-Occurring Disorders:** People in this program receive treatment for substance use disorder along with psychiatric evaluation and medication management to deal with a spectrum of mental health disorders  
(ex: depression, anxiety disorders).
- **Residential Rehabilitation:** Following detoxification, many clients remain at Eagleville for inpatient treatment. Stays range from 2 to 3 weeks to 90 days depending upon the severity of addiction, treatment history, and individual needs.

Eagleville accepts scheduled referrals 24/7 by phone at 610-539-6000 x1 or 800-255-2019. If you or someone you know is in need, call us today to speak with one of our admissions specialists. Eagleville accepts reimbursement from most major insurance plans as well as Pennsylvania Medical Assistance and Medicare.

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## Eagleville Remembers Long-Time Board Member

John Rogers Carroll, Esq., a 21-year volunteer member of the Eagleville Foundation's Board of Directors, died January 2 of heart failure at his Center City home. He was 89.

For the better part of six decades until his retirement in 2010, Carroll was considered one of Philadelphia's most revered white-collar criminal defense lawyers.

"What made him great," Peter F. Vaira, a former U.S. attorney for the Eastern District of Pennsylvania, told *The Philadelphia Inquirer*, "was his willingness to take on cases considered unpopular, especially during the 'Red Scare' of the 1950s."



Carroll was known just as widely throughout the Greater Philadelphia community for his compassion. A recovering alcoholic, he assisted fellow lawyers who were struggling with alcoholism and drug addiction. Under Carroll's guidance, the non-profit Lawyers Concerned for Lawyers grew into a model for lawyers' assistance programs across the country.

He also served as a member of the Pennsylvania Advisory Council on Drug and Alcohol Abuse and as Vice Chairman of the Philadelphia Commission on Human Relations.

In 2002, Carroll established the M. Patricia Carroll Fund in memory of his wife, whom he married in 1980. She died in 2000. The non-profit provides funds for the treatment of addicted lawyers, judges, and law students.

# 100 Care Packages, One Inspiration

After her son, Charles “Andy” Bruhn, died from an overdose on April 21, 2017, Stacey Bruhn Robinson knew she had to do something to honor his life and memory. Out of this grew ANDY (Addiction Never Defines You) Forever, a 501(c) (3) that provides partial scholarships for long-term addiction recovery and personal care packages.

In May, [ANDY Forever](#) presented Eagleville with more than 100 packages, which included toothbrushes, toothpaste, shampoo, conditioner, deodorant sticks, feminine products and bars of soap — all donated following an appeal on the group’s Facebook page.

“We wanted to start with places that helped Andy, and Eagleville’s foremost among them,” she says.



Andy spent two months at Eagleville, the healthiest his mother can remember him being, before he entered a three-quarter house and relapsed several months later.

“A lot of our patients don’t have the resources to buy personal items themselves when they leave here,” says Denise Kitson, LCSW, director of counseling services at Eagleville Hospital. “Something like this will help tide them over until they can get a job.”

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## Fact vs. Fiction: Underage Drinking

Alcohol is the most commonly used and abused drug among young people in the United States. Though underage drinking has steadily declined since the 1980s, it remains a persistent problem to this day.

When you talk to your kids about drinking, it’s important to be armed with the facts. Here are some common myths—and the facts—about alcohol use.

[Get the facts on underage drinking](#)

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## Beautifying Eagleville

During Beautify Eagleville Day in June, clients and staff joined forces to plant flowers and give the campus’ indoor and outdoor spaces a good spring cleaning. Some of the Eagleville staff members even took a break for a group photo.



Pictured (left to right) are Rachel

Woerner, Adjunctive Therapist; Jennifer Montgomery, Case Manager; Anita Rosenberg, Levy 1 Clinical Coordinator; Leo Weed, Recovery Educator; Lara Haagen, Adjunctive Therapy Clinical Coordinator; Andrew Lightfoot, Levy 1 Therapist; and Vaughn Coleman, Recreation Therapist.

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## Join the Friends of Eagleville at the 2018 PRO-ACT Recovery Walk

On Saturday, September 22, the Friends of Eagleville will be taking part in the annual [PRO-ACT Recovery Walk](#) at Penn's Landing, Philadelphia. Each year, this event draws thousands from the region in a celebration of recovery and the work that is being done to end the stigma surrounding drug and alcohol addiction.

Eagleville will provide free transportation to and from the event. You need not be affiliated with Eagleville to join us.

Anyone who is interested in free round-trip transportation to the event or wants to join the Eagleville team can contact Emily Masslofsky, Eagleville's Patient and Family Advocate, at [EMasslofsky@eagleville.org](mailto:EMasslofsky@eagleville.org) or 610-635-7475.

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## Eagleville Board Member Named to Philadelphia Board of Education



Wayne R. Walker, Esq., the Assistant Secretary-Treasurer of the Eagleville Foundation Board of Directors, was named in April to Philadelphia's Board of Education.

Walker was one of nine members appointed to the board, which will begin governing the District on July 1.

Philadelphia Mayor Jim Kenney described the board's introduction as "a major step forward toward establishing local control of our schools."

A field of 500 nominees was narrowed to 45 finalists, from which the nine were ultimately selected. The unpaid board members face the challenge of running a \$3.2 billion organization with no revenue-raising capabilities.

"The only way we're going to achieve economic justice and equality and fairness is through education," Kenney said.

Walker has worked in corporate governance and turnarounds and is a former Board President of Habitat for Humanity International.

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## Admissions Information

We accept scheduled referrals 24/7. To speak to our Admissions team, call 610-539-6000 x1 or 800-255-2019.

[Learn more»](#)

## Help Us Save Lives

You can help Eagleville provide the hope and treatment that many in our community need to begin their recovery journey.

[Give today»](#)

Let's connect!

